

Athlete Information

Sunday 29th September 2019

Welcome, and thank you for entering the Salisbury Half Marathon 2019

Please read the following notes carefully, as they should provide you with all the race day information you need.

We wish you a successful, enjoyable and above all safe race.

Getting Here & Car Parking

On race day please make your way to New Canal in Salisbury City Centre.

Most City Centre car parks offer reduced rate parking on Sundays.

Car Parks are well signposted from all major routes into the City.

There will be no parking available in the grounds of the Cathedral.

From Car Parks follow pedestrian signs to Tourist Information/ Market Place. The start is nearby.

The race starts at 12 noon on New Canal with a race brief at 11:50, so please make sure you are at New Canal in good time.

Information Point, including Lost Race Numbers

Should you require any further information, an Information Point will be located in Queen Street, adjacent to Guildhall Square.

Race numbers will be sent out in advance of race day. If yours has not arrived or if you lose it, come to the Information Point and we will be able to issue a replacement.

Please complete the medical details section on the reverse of the number.

Your timing chips are fixed to the back of your race number. Please do not remove or damage these.

Your race number must be worn on the front of your running jersey and must not be removed.

Please bring your own safety pins – there will be a limited supply at the Information Point should you require replacements.

Pre-race assembly and Race Briefing

Runners should assemble in New Canal where a Race Briefing will take place at 11:50.

Toilets

There are toilets in the Market Square, and a number of Public Toilets around the City Centre.

The race route also runs past public toilets on Cranebridge Road at approx 7 miles.

There will be a temporary toilet near the drink station in Netherhampton.

Toilets will also be available at the finish.

Left luggage

The bottom of your race number has a tear off luggage label.

A Baggage Drop van will be located in Queen Street for your left luggage, which will then be relocated near to the finish line.

We cannot accept responsibility for any valuables, so please keep your left luggage to a minimum, or leave it with a friend or family member where possible.

Start Line

We intend to start the race at 12:00hrs prompt on the sound of a klaxon.

The race start will be marked by an arch on New Canal.

The race will be timed chip to chip, with results in gun to chip order per UK Athletics rules.

Pacers

We will have easily identifiable pacers on the course pacing at 1hr30mins, 1hr45mins, 2hrs, 2hr15mins and hopefully 2hrs30mins.

Please assemble at the start near to your closest pacer (faster towards the front, slower towards the rear).

Race Route

From the Start line until you exit the City Centre on Churchfields Road, the roads here will be closed.

Once on Churchfields Road, please remain on the pavement on the left side.

The race route will then be on open public highway which you will be sharing with all other road users.

Once you reach the A3094 Netherhampton Road, the running lane (nearside) will be closed to traffic for your benefit.

We have done our utmost to ensure no vehicles enter this lane, but please expect the unexpected, as it could still be used by Event and Emergency vehicles.

The race route will be clearly marked by small black arrows on a yellow background. Mile markers will be present, and the course has been accurately measured.

Drink Stations

There will be drink stations on the route, the first of which you will pass on at approximately 3.5 miles and 9.5 miles.

An additional drink station will be passed in the Grounds of the Cathedral at the end of lap one, at approximately 7 miles. The drink station will have small biodegradable cups of water.

Please ensure you put your empty cups in the bins provided.

You will be provided with a biodegradable cup at the finish line and there will be plenty of drinking water available. We will not be giving out bottled water.

Runner Safety

If you see a fellow runner in difficulty or distress, please relay the situation to the next marshal location.

Race Cut-off

We will apply a race cut-off of 3 hours. This makes allowance for 14min/mile pace.

We will be standing down marshals, and the road closure will be lifted from this point.

Anybody left on the course at this stage can be retrieved by the sweeper vehicle.

Post-Race Massage

We are pleased to have secured the services once more of Salisbury Sports Therapy, who will be available to ease any discomfort you may be experiencing at the finish!

Spectators

The best locations for spectating are all within the City Centre. The start on New Canal is a great place to see the mass of runners start their challenge, and then the Cathedral Grounds make for good viewing especially Chorister Square. We expect a large number of spectators at the Finish, where we will have hot drinks, entertainment (Spire FM) and loos available.

Important Rules

The race is to be run under licence from UK Athletics, and a Race Adjudicator will be present

- Under no circumstances will the use of personal stereos be acceptable. The race is run largely on open public highway, and being unable to hear other road users, or instructions from marshals would present unacceptable danger.
- Any abuse of a race marshal, member of the public, or other road user will not be tolerated.
- No litter is to be dropped on the course.

Violation of any of the above will result in exclusion from the results.

Race Results

Race results will be available to view online once you record a finish time.

All results will remain provisional for 72 hours to allow the timing team to respond to any queries.

Awards Presentation

Trophies will be presented to the top three male and female finishers near the finish line at approx. 13:45hrs.

Age category prizes will be mailed out post-race.

Acknowledgements

Firstly, our fabulous team of volunteers! Wiltshire County Council, Salisbury City Council, Wiltshire Police, Salisbury Cathedral and School, CTM, Events Crew, St John Ambulance, Salisbury Reds, Loos2Go, Exodus Coffee, Spire Removals of Salisbury, Spire FM and of course all of our sponsors and charity partners:



Immortal Sport are the proud organisers of several events across the South West.

Please visit www.immortalsport.com to book your next challenge!

Immortal Sport Ltd, Suite 59, Yeovil Innovation Centre, Copse Rd, Yeovil, Somerset, BA22 8RN

Tel: 01935 315470 email: info@immortalsport.com www.salisburyhalf.com

